

# Master Rubén D. Suárez

107-08 32<sup>nd</sup> Avenue, East Elmhurst, NY 11369

[www.QTC-ITF.com](http://www.QTC-ITF.com) (web) | [mastersuarez@QTC-ITF.com](mailto:mastersuarez@QTC-ITF.com) (email)

718.651.8518 (home) | 718.930.5723 (cell) | 718.639.6998 (work) | 718.639.1641 (fax)

## EDUCATION / TRAINING

### SEMINARS

- 2019**      **143<sup>rd</sup> International Instructor Course, ITF Technical Committee**  
June 21-23. Las Vegas, NV
- 139<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Feb 22-24. Bogotá, Colombia.
- 138<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Feb. 9-10. Vancouver, Canada
- FUJI Mae II Tour, Master Jurek Jedut & Mr. Leo Oros Duek**  
Jan. 21. Queens, NY – USA (*organizer*)
- 2018**      **1<sup>st</sup> IKC + IHC, Mr. Fabián Izquierdo & Mr. Gastón Casero**  
July 13-15. Guatemala City, Guatemala
- 129<sup>th</sup> International Instructor Course, ITF Technical Committee**  
May 27-30. Orlando, FL – USA
- 126<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Mar 2-3. Montego Bay, Jamaica
- 2017**      **International Kids Course, Mr. Fabián Izquierdo**  
November. Queen, NY – USA (*organizer*)
- 117<sup>th</sup> International Instructor Course, ITF Technical Committee**  
April 7-9. Queens, NY – USA (*organizer*)
- 2016**      **113<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Sept. 23-25. Quebec, Canada
- 112<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Sept 16-18. Puerto Rico
- 111<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Aug. 5-7. Guatemala City, Guatemala
- 108<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Feb 22-27. IIC at Sea
- 2015**      **102<sup>nd</sup> International Instructor Course, ITF Technical Committee**  
June 26-28. Las Vegas, NV – USA
- 2014**      **98<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Nov. 14-16. Treviso, Italy
- 95<sup>th</sup> International Instructor Course, ITF Technical Committee**  
July 4-6. San Francisco, CA
- 89<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Mar 7-9. Bogotá, Colombia

- 2013**      **International Kids Course, Master Nardizzi**  
November 15-16. Queens, NY – USA (organizer)  
**3<sup>rd</sup> International Kids Course, Master Nardizzi**  
July 27-28. Benidorm, Spain  
**80<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Mar. 22-24. Queens, NY – USA (organizer)
- 2012**      **75<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Sept. 7-9. Puerto Plata. Dominican Republic  
**71<sup>st</sup> International Instructor Course, ITF Technical Committee**  
April 13-15. Nashville, TN – USA
- 2011**      **International Instructor Course, ITF Technical Committee**  
October 22-23. Halifax, Nova Scotia – Canada  
**63<sup>rd</sup> International Instructor Course, ITF Technical Committee**  
May 20-22. Clearwater, FL – USA  
**61<sup>st</sup> International Instructor Course, ITF Technical Committee**  
March 25-27. Bogotá, Colombia
- 2010**      **56<sup>th</sup> International Instructor Course, ITF Technical Committee**  
Oct 1-2. Puerto Plata, Dominican Republic  
**52<sup>nd</sup> International Instructor Course, ITF Technical Committee**  
April 9-11. Denver, CO – USA
- 2009**      **41<sup>st</sup> International Instructor Course, ITF Technical Committee**  
Queens, NY – USA (organizer)
- 2008**      **International Instructor Course, ITF Technical Committee**  
Sept. 5-7. San Juan, Puerto Rico  
**International Instructor Course, ITF Technical Committee**  
June. Oakville, Ontario – Canada  
**International Instructor Course, ITF Technical Committee**  
March. Austin, TX – USA  
**ITF Technical Conference**  
January. Oakville, Ontario – Canada
- 2007**      **24<sup>th</sup> International Instructor Course, ITF Technical Committee**  
February. Bogota, Colombia  
**25<sup>th</sup> International Instructor Course, ITF Technical Committee**  
April. Houston, TX – USA
- 2006**      **Sparring, Self-Defense & Do with Master Trần Triêu Quân**  
February. Queens, NY – USA (organizer)  
**Sparring Seminar with Master Jedut**  
February. Quebec, Canada  
**1<sup>st</sup> ITF Leadership Camp**  
July. Tegucigalpa, Honduras
- 2004**      **International Instructor Course, ITF Technical Committee**  
November 12-14. Queens, NY – USA (organizer)
- 2003**      **International Instructor Course, ITF Technical Committee**  
November. Montreal – Canada  
**Seminar with Master Benny Rivera**  
April. Queens, NY – USA (organizer)

- 2002**      **Special Meeting with General Choi Hong-hi**  
January. Vienna, Austria
- 187<sup>th</sup> International Instructor Course, Gen. Choi Hong-hi**  
April. Broomfield, CO – USA
- Sereff World Camp**  
July. Broomfield, CO – USA
- 2001**      **CS 20<sup>th</sup> International Instructor Course, GM Charles Sereff**  
April. San Luis, MO – USA
- 180<sup>th</sup> International Instructor Course, Gen. Choi Hong-hi**  
April. Mississauga, Ontario – Canada
- 2000**      **Sereff World Camp**  
July. Broomfield, CO – USA
- Seminar with Master Choi Hong-hwa**  
November. North Haven, CT – USA
- 1999**      **153<sup>rd</sup> International Instructor Course, General Choi Hong-hi**  
Broomfield, CO – USA
- Black Belt Seminar & Promotion Testing with GM Sereff**  
Queens, NY – USA (organizer)
- ITF / USTF Knife & Weapons Seminar**  
October 24. Queens, NY – USA (organizer)
- 1997**      **Seminar with GM C.E. Sereff**  
Massachusetts – USA
- 1996**      **96<sup>th</sup> International Instructor Course, GM Charles Sereff**  
Miami, FL – USA /ITF International Instructor Certificate #896
- 1995**      **90<sup>th</sup> International Instructor Course, Gen. Choi Hong-hi**  
Santa Barbara, CA – USA
- 1<sup>st</sup> International Instructor Course, GM Charles Sereff**  
Miami, FL – USA
- 1989**      **Seminar with General Choi Hong-hi**  
Tegucigalpa, Honduras
- 1988**      **Seminar with Master Benny Rivera**  
Cali, Colombia

#### UNIVERSITY

- 1990**      **B.D. Physical Education & Health, La Universidad del Valle**  
Cali Colombia

#### BELT PROMOTIONS

10/24/2011	8 <sup>th</sup> Degree	ITF# A-8-16
11/14/2004	7 <sup>th</sup> Degree	ITF# A-7-37
4/23/1999	6 <sup>th</sup> Degree	ITF# A-6-51
10/22/1994	5 <sup>th</sup> Degree	ITF# A-5-77
08/22/1990	4 <sup>th</sup> Degree	ITF# CO-4-4
07/20/1984	3 <sup>rd</sup> Degree	ITF# CO-3-10
08/08/1980	2 <sup>nd</sup> Degree	ITF# CO-2-2
09/04/1976	1 <sup>st</sup> Degree	ITF# CO-1-?

## REFEREE TRAINING / EXPERIENCE

<b>2013 – Present</b>	<b>Member ITF Umpire Committee (IUC)</b>
<b>2017</b>	<b>International Umpire Course, IUC</b> January. Queens, NY – USA (organizer)
<b>2016</b>	<b>International Umpire Course, IUC</b> June 4-5. Dublin, Ireland <b>International Umpire Course, IUC</b> March 5-6. Chaco, Argentina
<b>2015</b>	<b>International Umpire Course, IUC Master Kurt Ottesen &amp; GM Wim Bos</b> January 24-25. Queens, NY – USA (organizer)
<b>2013</b>	<b>International Umpire Course, IUC</b> March. Benidorm, Spain <b>International Umpire Course, IUC Master Kurt Ottesen</b> January 26-27. Queens, NY – USA
<b>2012</b>	<b>Jury President 4<sup>th</sup> ITF World Cup</b> Brighton, England <b>Jury President ITF PanAmerican Championships</b> June 6-7. Trois-Rivières, Quebec – Canada
<b>2009</b>	<b>Jury President XVI Senior / X Junior ITF World Championship</b> November 26-29. Mar del Plata, Argentina
<b>2008</b>	<b>Jury President 3<sup>rd</sup> ITF World Cup</b> Oct 15-19. Riva del Garda, Italy <b>QTC Referee Seminar with Kurt Ottesen</b> Sept. Queens, NY – USA (organizer)
<b>2007</b>	<b>ITF-USA Referee Seminar with Master Peter Thibado</b> January. Queens, NY – USA (organizer) <b>USA Referee VX Senior / IX Junior ITF World Championships</b> Quebec, Canada
<b>2006</b>	<b>International Referee Seminar, ITF Technical Committee</b> January. Miami, FL – USA <b>USA Referee VIII ITF Junior World Championships</b> July 12-15. Tegucigalpa, Honduras <b>USA Referee II ITF World Cup</b> October 27-29. Benidorm, Spain
<b>2005</b>	<b>USA Referee / VIP XIV ITF World Championships</b> Dortmund, Germany
<b>2004</b>	<b>USA Referee VII ITF PanAmerican Championships</b> May 21-23. Asuncion, Paraguay
<b>2003</b>	<b>USA Referee XIII ITF Senior World Championships</b> July 12-15. Warsaw, Poland
<b>2001 – 2004</b>	<b>Member of the USTF Referee Panel</b>
<b>1996 – 2000</b>	<b>Host of Annual ITF / USTF Referee Seminar</b> Queens, NY – USA
<b>1997</b>	<b>USTF Referee Course / Referee Class “A”</b> Broomfield, CO – USA

## TEACHING EXPERIENCE

---

1992 – Present

**Head Instructor / Owner Queens Taekwon-Do Center, Corp.**

- Has been teaching ITF Taekwon-Do to students of all ages and ranks, gaining national and international recognition for his achievements and dedication to his students.
- Has become a well-known member of the community of Jackson Heights, NY for dedicating his time and effort to improving the community throughout the tenets of Taekwon-Do as tools of moral and social development.
- Has succeeded in promoting more than 200 black belts to date, including 27 at the instructor level
- Has training and coached students who have successfully achieved titles in local, regional, national and international competition, including a total of 27 ITF world championships or ITF world cups to date.

2019

**International Masters Seminar with Master William Perlaza, Master Oscar Perez & Master Luis Gato Gato**

June 14-16. Camaguey, Honduras

**Technical Seminar at Advantage Taekwon-Do**

May. Lititz, PA

2018

**International Masters Seminar with Master William Perlaza, Master Oscar Perez & Master Luis Gato Gato**

November 9-10. San Salvador, El Salvador

**ITF Technical Seminars**

- August 18-19. Bayamón Puerto Rico
- ARCAN Taekwon-Do Toronto, Canada

2017

**International Masters Seminar with Master William Perlaza, Master Oscar Perez & Master Luis Gato Gato**

August 25-27. Guatemala City, Guatemala

2015

**ITF Technical Seminars**

- Guatemala City, Guatemala
- Puerto Plata, Dominican Republic
- Ottawa, Canada

2014

**ITF Technical Seminars**

- May. Bayamon, Puerto Rico
- February. Anguilla – West Indies

**NTA-ITF Business & Technical Seminar**

May 3-4. Lititz, PA

**Sparring Seminar with Julio Carlos and Master William Perlaza**

January 26. Brooklyn, NY – USA

2013

**ITF Technical Seminars**

- Santo Domingo, Dominican Republic
- Santiago, Dominican Republic
- Bayamon, Puerto Rico

2012

**Sparring Seminar with Julio Carlos & Mr. Willian Perlaza**

- August 25-26. Bogota, Colombia
- February. Anguilla – West Indies
- January 29. Queens, NY – USA (organizer)

- 2011** **ITF Technical Seminars**
- October. Bayamon, Puerto Rico
  - Santiago, Dominican Republic
  - Santo Domingo, Dominican Republic
- 1<sup>st</sup> ITF-USA Technical & Referee Seminar**  
Queens, NY – USA (organizer)
- 2010** **ITF Technical Seminar**  
Guatemala City, Guatemala
- 2006 – 2010** **Annual ITF Technical Seminar**  
Bayamon, Puerto Rico
- 2009** **ITF Technical Seminar**
- Guatemala City, Guatemala
  - San Jose, CA – USA
- 2007** **ITF Technical Seminar**
- February. Anguilla – West Indies
  - February 9-12. Puerto Rico
  - Philadelphia, PA – USA
- 1996 – 2006** **Annual ITF Technical Seminar**  
Bogota, Colombia
- 1997 – 1998** **Taekwon-Do Instructor**  
Pomonock Community Services, Flushing, NY
- Taught Taekwon-Do classes to children of the community
- 1985 – 1990** **Taekwon-Do Instructor at la Universidad del Valle**  
Cali, Colombia
- Succeeded with the formation of National champions that represented the institution in college local, regional and national events.
- 1985 – 1990** **Assistant Taekwon-Do Instructor – Valle, Colombia**
- Prepared students physically, technically and tactically to represent the state in local, regional and national events.

## ACHIEVEMENTS

---

- 1996 – Present** **Host of the annual ITF NY Taekwon-Do Tournament**  
The second longest-running ITF TKD tournaments held in the USA every year  
With upwards of 300-400 competitors it is among the largest ITF tournaments in the USA to date.
- 2012** **Founder of the ITF allied association National Taekwon-Do Association – ITF, Inc.**  
With the membership of more than 20 schools to date
- 2004 – Present** **Regularly hosts successful international ITF events**, including 4 IICs, 3 IUCs, and 2 IKCs and various other internationally recognized events
- 2004** **USA Coach VII ITF Junior World Championships**  
July 7-10. Riccione, Italy
- 2002** **Appointed Tournament Chairman Director if the ITF PanAmerican Championships**  
Ponce, Puerto Rico

- 2001**                    **USA Coach XII ITF World Championships**  
July 3-8. Rimini, Italy
- 1999**                    **USA Coach XI ITF World Championships**  
August 26-Sep 6. Buenos Aires, Argentina

## **PROFESSIONAL AFFILIATIONS**

---

- 2012 – Present            Member of the ITF Umpire Committee
- 2012 – Present            President, National Taekwon-Do Association – ITF, Inc.
- 2006 – 2012              Sr. Vice President, ITF-USA
- 2006 – 2012              Technical Director, ITF-USA
- 1992 – 2006              Member of the United States Taekwon-Do Federation (USTF)
- 1996 – 2004              NY State Director of the USTF
- 1974 – 1990              Member of Liga Vallecaucana de Taekwon-Do (Colombia)

## **INTERNATIONAL AWARDS**

---

- 2007**                    **Awarded Best ITF Master Instructor in the ITF Hall of Fame**  
Quebec, Canada
- 2007**                    **Award of Recognition by the Colombian Consulate for years of dedication and outstanding work in the United States**  
Miami, FL
- 2005**                    **Appointed USA VIP for the XIV ITF World Championships**  
Dortmund, Germany