

Dear Parents, Students and Friends,

Firstly, I want to extend my best wishes to everyone during this difficult time. Never in our lifetime have we seen anything of this magnitude, and I hope that you all heed the advice of health professionals and government officials to protect yourselves, your family and all of us together.

As many of you know, Queens Taekwon-Do Center is more of a family than a business, and it saddens me that we cannot be together at this time. However, we must all play our part to keep everybody safe.

Some of you have been contacting me concerned about your membership / contract. I understand there is a lot of uncertainty and fear surrounding us at the moment, but I assure you not to worry. Our priority at this time is keeping everyone safe. When life begins getting back to normal we will take care of all the details.

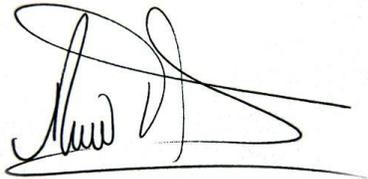
For now, I encourage you to stay safe and healthy and do not panic. Already we see other countries beginning to recover and with time we will also heal again. Please focus on the positive: enjoy your family; take advantage of the time to learn something new or complete the things you have been putting off for so long!

We have already had one remote class online via **ZOOM** and will be expanding this as we fine tune the system. I want to try to use this same application to create some activities for the kids as well to help keep them occupied during this time. Please use your phones, tablets or laptops to download the ZOOM application. I will be sending a message via WhatsApp with the group ID number and password (this number will change every new meeting). Simply select "JOIN A MEETING" and enter the required information to participate.

Also, continue following us at our website [www.QTC-ITF.com](http://www.QTC-ITF.com), and on Facebook and Instagram for updates!

Stay safe, be smart, think positive! I look forward to the time we all meet again.

Sincerely Yours in the Spirit of Taekwon-Do,

A handwritten signature in black ink, appearing to read 'Ruben D. Suarez', with a large, sweeping flourish extending to the right.

Grand Master Ruben D. Suarez

Director, Queens TaeKwon-Do Center