



Queens Taekwon-Do Center

Affiliated to the International Taekwon-Do Federation (ITF) and the National Taekwon-Do Association -ITF (NTA-ITF)

July 14, 2020

Dear Students, Parents and Family of QTC,

While NYC is scheduled to enter Phase 4 of re-opening on July 20, this unfortunately will not include a number of establishments, including gyms and other sport/recreational facilities. Information suggests we may open at the end of August, but there is no guarantee at this time. The effects of the novel coronavirus have been devastating worldwide and we continue to pray for improvement and answers. Still, we must not forget to live. Therefore, rather than sit back and wait for normalcy to return, we must adapt and accommodate to what might well be our new way of life for some time.

I strongly believe that continuing our training of Taekwon-Do is critical for surviving this difficult time. At a time when everyone is adopting a more sedentary lifestyle it is important to continue taking part in physical activity. Also, now that most students have finished the academic year, it is important to uphold a daily routine. Most importantly, we must continue to socialize with one another safely and keep high spirits in these difficult times. Participating in Taekwon-Do—whether on zoom or in the do-jang—is an excellent way to stay healthy, reduce stress and maintain a good quality of life. I hope everyone continues to share in this experience as we move toward this new phase of development.

Beginning July 20—which marks the Phase 4 of reopening in New York City—we will be implementing a number of the changes that will continue even after the school reopens. Please note that **we are still NOT PERMITTED at this time to hold live classes on location at QTC**. We will, however, be broadcasting our virtual classes from the school, as well as scheduling some live classes to be held outdoors at a designated, local location. This will not only help students re-adjust to the physical routine of attending class, but also allow the opportunity to train in-person while maintaining the social distancing required.

New Class Schedule (In effect beginning July 20, 2020)

Additional class times will enable us to further divide classes by rank, and allow for a more focused, time-efficient class. The new schedule will be as follows. In the event that the school reopens, the following schedule will remain in effect until stated otherwise.

Monday, Wednesday, Friday	
8:30 AM – 10:00 AM	Adult Class
4:00 PM – 4:45 PM	Red & Black Belts
5:00 PM – 5:45 PM	Blue Belt—Red Stripe
6:00 PM – 6:45 PM	Green Belt—Blue Stripe
7:30 PM – 9:00 PM	Adult Class
Tuesday & Thursday	
4:30PM – 5:45 PM	Yellow Belt—Green Stripe
6:00PM – 7:15 PM	White Belts—Yellow Stripe

Please note that at this time the Little Panda class (4- to 6-year-olds) is suspended. We will restart this program when we are able to hold live classes on location.

Additional Important Information

- We will soon be providing a detailed document regarding the requirements for personal hygiene, social distancing and cleaning of the school for when we reopen.
- At the time that the school opens, we will continue to provide Zoom classes in conjunction with live class in order to accommodate the comfort and needs of all parents and students.
- Beginning July 20, 2020, all tuition requirements will resume. All students will be responsible for their accounts, which will be discussed on an individual basis, and will consider past payments, adjusted deadlines, training time, contract length, etc.

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TAEKWON-DO: MORE THAN A SPORT, MORE THAN A MARTIAL ART... A WAY OF SOCIAL DEVELOPMENT.

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As we follow the news closely, it is our sincerest hope that we will be able to open the school for live classes before the summer is out. Meanwhile, we are working on the necessary improvements and requirements to maintain a clean and healthy training area, and constantly thinking of new ways to improve teaching while adhering to the many restrictions imposed upon us. Our founder, General Choi Hong-Hi, insisted that Taekwon-Do could be learned anywhere. We want to show that it can be learned under any circumstances, as well.

We continue to emphasize the discipline and dedication needed in order to continue training, especially while participating in virtual classes online. Remember, for the children, this requires the cooperation of parents.

We hope that we can continue to count on your support. Though we may be limited in our normal routine at the moment, I am committed to my students and the family of QTC. As a courtesy, we have continued to offer regular training via Zoom, since the beginning of the pandemic in March, with little or no financial obligation to anyone. Unfortunately, we have had to continue paying utilities and rent in order to keep our school open and provide service when we are able to return to normal operation. I only hope this gesture has not gone unappreciated and I can continue to count on the relationship we have built together in the spirit of Taekwon-Do.

I hope everyone remembers to stay safe, stay healthy, stay happy. Please follow the instructions of our government and health officials as we continue our fight of this disease that has taken too many lives. I hope you can all call upon the lessons you have learned in training to demonstrate the principles of perseverance and indomitable spirit.

If you have any questions or problems, please feel free to contact me directly.

Yours in Taekwon-Do,

GM Ruben Suarez

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Director, Queens Taekwon-Do Center