



NEW YORK TAEKWON-DO TOURNAMENT

SEP 28-29, 2024

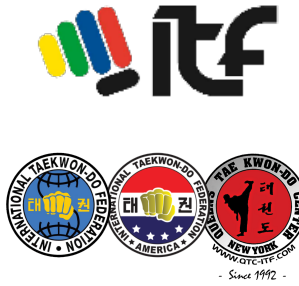
**ELMCOR CENTER GYM:
33-16 108 ST CORONA, NY**

**FOR MORE INFORMATION VISIT:
ITFAMERICA.ORG - QTC-ITF.COM
OR E-MAIL MASTERSUAREZ@QTC-ITF.COM**



XXVI

NEW YORK TAEKWON-DO TOURNAMENT



May 1st, 2024

Dear Grand Masters, Masters, Instructors, and Students:

I am pleased to invite you to the **XXVI Anniversary of the ITF NY Taekwon-Do Tournament**. It will take place at **Elmcor Center Gym, located at 33-16 108th Street, Corona, NY 11369, on September 28th and 29th, 2024**. This year our tournament will be held in two different days to create a smooth event for everybody.

White belts to red stripes competitors will be participating on Saturday the 28th, while **red belts and black belts** competitors will participate on Sunday the 29th.

Divisions this year will consist of individual patterns, individual sparring and flying front kick for all competitors. We'll also have team patterns for **red and black belts on Sunday**: Teams must have minimum three members and maximum five, they can be combined (*red and black*). Registration will be fee for this division.

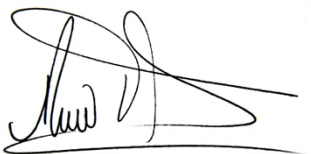
For all black belt competitors 12 years old and above, all patterns will be performed individually. The competitor will execute two patterns; The first pattern will be the **first of each degree**, and the second pattern will be **designed it** by the jury president of each ring (*from Chon-ji to Kwang-Gae for I Dans, Chon-ji to Gae-Baek for II Dans, Chon-ji to Juche for III Dans, and so on*) The three (3) highest scores will advance to the final. For rest of the competitors, there will be an extra round, the best from that round will make fourth place.

We welcome all competitors ages 4 and up, white belts and above. All registration will take place online—please visit www.qtc-itf.com for more information. *A list of all the available divisions by age and rank is included in this package.

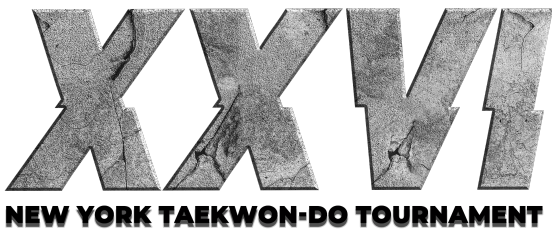
Please submit online applications by September 22nd, 2024.

Your participation in our event continues to support the worldwide effort to keep the legacy of General Choi Hong-Hi alive. We truly hope this year will be one to remember. We're excited to see you.

Yours in Tae Kwon



GM Ruben D. Suarez
Director, Queens Taekwon-Do Center



GENERAL INFORMATION

SCHEDULE OF EVENTS	
8:30 A.M.	Competitors Check-In
9:00 A.M.-9:30 AM	Referees Meeting
9:30 – 10:00 A.M.	Opening Ceremony
COMPETITION	
10:00 AM COMPETITION BEGINS	

AWARDS	
1 st , 2 nd and (Two) 3 rd Places Medals for patterns and sparring For Flying front kick will be only 1 st place medals	"Grand Trophy" will be awarded for the most supportive school.

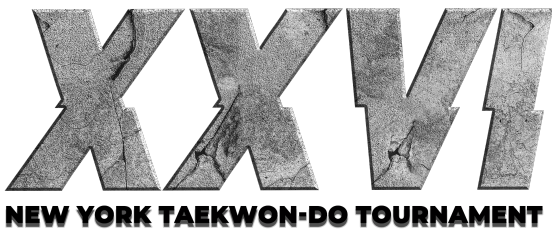
MANDATORY EQUIPMENT
Safety Kicks, Gloves, Headgear, Mouthpieces, Shin Guards, Cups <i>(for males)</i>
<i>*All competitors must have ITF-approved hand and foot protectors, or similar.</i>
<i>(No open-hand gloves or boxing gloves will be permitted.)</i>

ENTRY FEES & ADMISSION
Competitors <i>(Fees apply to participation for either 1 or 2 events)</i>
*Until September 22nd, 2024 Registration Fee for All ITF-Members: \$80.00
*Between September 23rd - September 25th, 2024 Registration Fee for All ITF Members: \$100.00
(**NO REGISTRATIONS AFTER SEPT 25, 2024**)
<hr/>
Spectators \$5.00 *(Children under 3 enter for free)

PLEASE COMPLETE ALL REGISTRATION ONLINE AT:

www.QTC-ITF.com or <https://lp.constantcontactpages.com/ev/reg/xrkjzej>

Please use Zelle at **718-930-5723**, or make check payable to: **Queens TaeKwon-Do Center**



INDIVIDUAL REGISTRATION FORM

(Please type or print in block letters only)

PARTICIPANT INFORMATION

First Name: _____ Middle Name: _____ Last Name: _____

Date of Birth: ____/____/____ Sex: Male Female Age: _____

Rank (specify color only): _____ Degree (Black Belts only): _____

Weight: _____ lbs. Height: ____' ____"

TAEKWON-DO SCHOOL INFORMATION

School Name: _____

Phone: _____ Email: _____

Instructor's Name: _____ Rank: _____

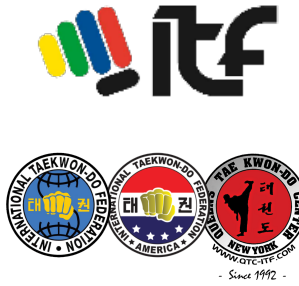
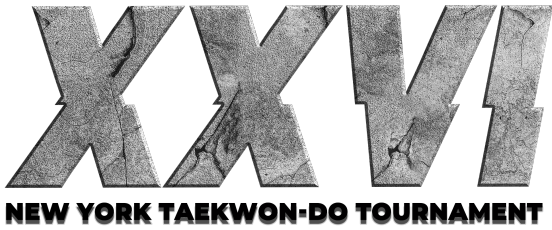
I hereby submit my application to the New York ITF Taekwon-Do Tournament XXVI. I agree to waive all claims against any persons connected with the New York ITF Taekwon-Do Tournament XXVI for injuries I may sustain and, likewise assume full responsibility for my actions in connection with said tournament. I understand that pictures of me participating in said competition may be used for publicity without compensation.

Signature: _____ Date: ____/____/____

Parent or guardian if the competitor is underage 18.

Rank (check one)	Divisions (check one)
_____ Black Belt: I II III IV V VI _____ Advanced: Red Belt to Black Stripe _____ Intermediate: Green Belt to Red Stripe _____ Beginner: White belt to Green Stripe	_____ (4-5 years old) _____ (6-7 years old) _____ (8-9 years old) _____ (10-11 years old) _____ (12-13 years old) _____ (14-15 Years old) _____ (16-17 Years old) _____ (18-34 years old) _____ (35-44 years old) _____ (45 years old and over)
Events (Check each)	
_____ Patterns _____ Flying Front Kick	
_____ Sparring	

Please use Zelle at 718-930-5723, or make check to: Queens TaeKwon-Do Center



TEAM PATTERNS REGISTRATION FORM

(Please type or print in block letters only)

TAEKWON-DO SCHOOL INFORMATION

School Name: _____

Instructor Name: _____ Date: _____

TEAM INFORMATION

Team Name: _____

Captain: _____

Category: Pee Wees (Up to 12yrs.) Juniors (13-17yrs.) Adults (18 yrs. & up)

NAME	RANK	AGE
1.		
2.		
3.		
4.		
5.		

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Signature: _____ Date: ____/____/____
Parent or guardian if the competitor is underage 18.

XXVI

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INDIVIDUAL PATTERNS BREAKDOWN

Boys & Girls: 4-5 years old	
1	White
2	Yellow
3	Green/Blue

ADAPTIVE/SPECIAL NEEDS DIVISION

(Boys & Girls: 6 – 7 yrs.)	
4	White
5	Yellow
6	Green
7	Blue
8	Red/Black

(Boys & Girls: 8 – 9 yrs.)	
9	White
10	Yellow
11	Green
12	Blue
13	Red
14	Black

(Boys & Girls: 10 – 11 yrs.)	
15	White
16	Yellow
17	Green
18	Blue
19	Red
20	Black

(Boys & Girls: 12 – 13 yrs.)	
21	White
22	Yellow
23	Green
24	Blue
25	Red
26	Black

(Boys & Girls: 14 – 15 yrs.)	
27	White
28	Yellow
29	Green
30	Blue
31	Red
32	Black

(Boys & Girls: 16 – 17 yrs.)	
33	White
34	Yellow
35	Green
36	Blue
37	Red
38	Black

MEN (18 – 34 yrs.)	
39	White
40	Yellow
41	Green
42	Blue
43	Red

WOMEN (18 – 34 yrs.)	
44	White
45	Yellow
46	Green
47	Blue
48	Red

SENIOR MEN (35 – 44 yrs.)	
49	White/Yellow
50	Green/Blue
51	Red

SENIOR WOMEN (35 – 44 yrs.)	
52	White/Yellow
53	Green/Blue
54	Red

SUPER SENIOR MEN (45 yrs. & up)	
55	White/Yellow
56	Green/Blue
57	Red

SUPER SENIOR WOMEN (45 yrs. & up)	
58	White/Yellow
59	Green/Blue
60	Red

BLACK BELT MEN (18 – 34 yrs.)	
61	I Dan
62	II Dan
63	III Dan
64	IV Dan
65	V – VI Dan

BLACK BELT WOMEN (18 – 34 yrs.)	
66	I – II Dan
67	III – IV Dan

BLACK BELT SENIOR MEN (35 yrs. & up)	
68	One Division

BLACK BELT SENIOR WOMEN (35 yrs. & up)	
69	One Division

****The tournament director reserves the right to open/close/modify any division.****

INDIVIDUAL SPARRING BREAKDOWN

BOYS & GIRLS 4-5 Years old	
1	White/Yellow
2	Green/Blue

(6 – 7 yrs.)					
3	White/Yellow	Boys	6	White/Yellow	Girls
4	Green/Blue	Boys	7	Green/Blue	Girls
5	Red	Boys	8	Red	Girls

(10 – 11 yrs.)					
17	White/Yellow	Boys	21	White/Yellow	Girls
18	Green/Blue	Boys	22	Green/Blue	Girls
19	Red	Boys	23	Red	Girls
20	Black	Boys	24	Black	Girls

14 – 15 yrs)					
33	White/Yellow	Boys	37	White/Yellow	Girls
34	Green/Blue	Boys	38	Green/Blue	Girls
35	Red	Boys	39	Red	Girls
36	Black	Boys	40	Black	Girls

MEN (18 – 34 yrs.)	
49	White/Yellow
50	Green/Blue
51	Red

SENIOR MEN (35 – 44 yrs.)	
55	White/Yellow
56	Green/Blue
57	Red

SUPER SENIOR MEN (45 yrs. & up)	
61	White/Yellow
62	Green/Blue
63	Red

BLACK BELT MEN (18 – 34 yrs.)			
67	Micro	<118.9 lbs	<53.9 kg
68	Light	119 – 138.9 lbs	54 – 62.9 kg
69	Middle	139 – 156.9 lbs	63 – 70.9 kg
70	Heavy	157 – 175.9 lbs	71 – 79.9 kg
71	Hyper	>176 lbs	>80 kg

BLACK BELT SENIOR MEN (35 yrs & up)	
75	Light < 160 lbs
76	Heavy >160 lbs

(8 – 9 yrs.)					
9	White/Yellow	Boys	13	White/Yellow	Girls
10	Green/Blue	Boys	14	Green/Blue	Girls
11	Red	Boys	15	Red	Girls
12	Black	Boys	16	Black	Girls

(12 – 13 yrs.)					
25	White/Yellow	Boys	29	White/Yellow	Girls
26	Green/Blue	Boys	30	Green/Blue	Girls
27	Red	Boys	31	Red	Girls
28	Black	Boys	32	Black	Girls

16 – 17 yrs)					
41	White/Yellow	Boys	45	White/Yellow	Girls
42	Green/Blue	Boys	46	Green/Blue	Girls
43	Red	Boys	47	Red	Girls
44	Black	Boys	48	Black	Girls

WOMEN (18 – 34 yrs.)	
52	White/Yellow
53	Green/Blue
54	Red

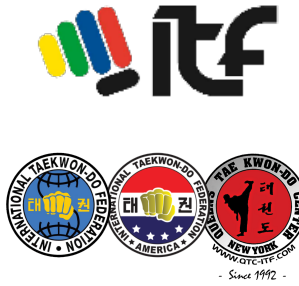
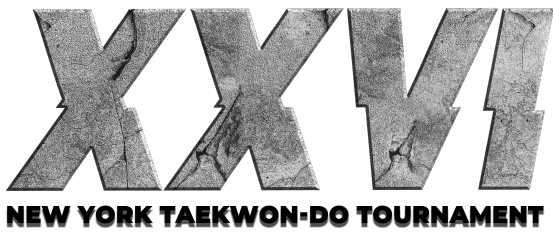
SENIOR WOMEN (35 – 44 yrs.)	
58	White/Yellow
59	Green/Blue
60	Red

SUPER SENIOR WOMEN (45 yrs. & up)	
64	White/Yellow
65	Green/Blue
66	Red

BLACK BELT WOMEN (18 – 34 yrs)			
72	Light	<127.9 lbs	<57.9 kg
73	Middle	128 – 153.9 lbs	58 – 69.9 kg
74	Heavy	>154 lbs	>70 kg

BLACK BELT SENIOR WOMEN (35 yrs & up)	
77	One Division

****The tournament director reserves the right to open/close/modify any division. ****



RING DISTRIBUTION – SATURDAY SEP 28, 2024

10:00 AM All beginners start (White / Yellow stripe / Green stripe)

12:00 PM All advanced start (Green / Blue / Red stripe)

RING #1
5 years & under
10:00 A.M.

RING #2
6 - 7 years old
10:00 A.M.

NOTE:
TIME POSTED ARE ESTIMATE.
AS EACH AGE DIVISION IS COMPLETED, WE WILL PROCEED DIRECTLY TO THE NEXT AGE DIVISION.

RING #3
8 - 9 years old
10:00 A.M.

ESTIMATED TIME:
10 am: Beginners (White/Yellow)
12 pm: Intermediate (Green/Blue)

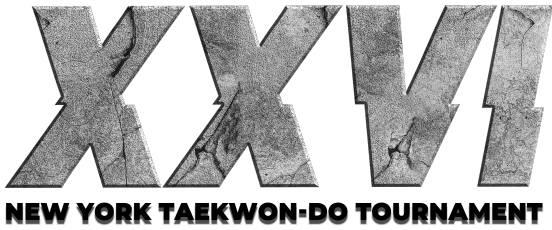
RING #4
10 - 11 years old
10:00 A.M.

RING #5
12 - 13 years old
10:00 A.M.

PARAMEDICS

CENTRAL TABLE

SOUND/MEDALS



RING DISTRIBUTION – SUNDAY SEP 29, 2024

10:00 AM All red belts and black stripe

NOTE: When all red belt finish, we start Black Belt competition

RING #1
5 years & under
10:00 A.M.

RING #2
6 - 7 years old
10:00 A.M.

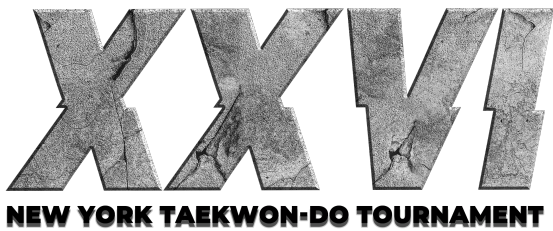
RING #3
8 - 9 years old
10:00 A.M.

RING #4
10 - 11 years old
10:00 A.M.

PARAMEDICS

CENTRAL TABLE

SOUND/MEDALS



DIRECTIONS TO THE ELMCOR CENTER GYM

Elmcors Center Gym is located at 33-16 108th Street. Corona, NY 11369.

From the South

Take the New Jersey Turnpike to **Exit 13 (Goethals Bridge)**. Then take **US 278 East BQE (Brooklyn Queens Expressway)** to Grand Central Parkway East/La Guardia Airport, take the exit 10. Make a right on **Ditmars Blvd.** then make a left on **31 St Dr.** Keep straight to **108 St.** **Elmcors Center** is the corner **108 and Northern Blvd.**

From the North

Take Interstate **95 South to Whitestone Bridge**. When you pass the bridge, take **US 678 (Whitestone Expressway)** until you get **Northern Blvd (25A) to 108 St.** **Elmcors Center** is in the corner on your left.

From the West

Take **495 East LIE (Long Island Express)** until **exit 24 (Grand central parkway)**. Keep the left of the **GCP** and take **Northern Blvd.** exit., keep straight to **108 St.** **Elmcors Center** is in the corner on your left.

From the East

Take **495 West LIE (Long Island Express)** until **exit 24 (Grand central Parkway)**. Take the **GCP exit** Make Left turn on take **Northern Blvd.** exit, keep straight to **108 St.** **Elmcors Center** is in the corner on your left,

Desde el sur

Tomar **New Jersey Turnpike** hasta la **salida 13** (puente de Goethals). Por **278 Este BQE (Brooklyn Queens Expressway)** hacia **Grand Central Parkway / La Guardia Airport**. Tome la **salida 10**, Haga una derecha en **Ditmars Blvd.** Hago una izquierda en **31 St Dr.** Manténgase derecho hasta la **108st.** **Elcomr Center** está a su derecha pasando **Northern Blvd.**

Desde el norte

Tome la **interestatal 95 sur hasta Puente de Whitestone**. Al pasar el puente, tomar **U.S. 678 (Whitestone Expressway)** hasta **Northern Blvd. (25A)** hasta la **108 St.** **Elcomr center** está a su izquierda.

Desde el oeste

Tomar **495 este (Long Island Express)** hasta la **salida 24 (Grand Central Parkway)** tome **El GCP** hasta **Northern Blvd.** Siga derecho hasta la **108St.** **Elcomr center** está a su izquierda.

Desde el este

Tomar **495 Oeste (Long Island Express)** hasta la **salida 24 (Grand Central Parkway)** tome **El GCP** hasta **Northern Blvd.** Siga derecho hasta la **108St.** **Elcomr center** está a su izquierda.

SUBWAYS

Via Flushing:

Take the train #7 subway to 111th St. take the Bus Q48 to La Guardia drop off at Northern Blvd and 108. The gym is on your left.

Via Jamaica:

Take the F subway to 74 St. Take the train #7 subway to 111th St. take the Bus Q48 to La Guardia drop off at Northern Blvd and 108. The gym is on your left.